

# 2023 Spring Showcase

**Friday, March 31, 2023**

## Fitness Testing

Team Red & Team White (1:00pm – 2:15pm)

Team Blue & Team Green (2:45pm – 4:00pm)

Team Grey & Team Black (4:30pm – 5:45pm)

## On Ice Skill Sessions

Team Red and Team White (6:00pm – 7:15pm)  
Flood

**Team Blue and Team Green (7:30pm – 8:45pm)**  
Flood

Team Grey and Team Black (9:00pm – 10:15pm)

**Saturday, April 1, 2023**

Team Red vs Team White (10:00am – 11:00am)  
Flood

**Team Blue vs Team Green (11:30am – 12:30pm)**  
Flood

Team Grey and Team Black (1:00pm – 2:00pm)  
Flood

Team Red vs Team Grey (4:30pm – 5:30pm)  
Flood

**Team Blue vs Team Green (6:00pm – 7:00pm)**  
Flood

Team Black vs Team White (7:30pm – 8:30pm)

**Sunday, April 2, 2023**

Team Black vs Team Red (9:00am – 10:00am)  
Flood

Team White vs Team Grey (10:30am – 11:30am)  
Flood

**Team Blue vs Team Green** (12:00pm – 1:00pm)  
Flood

Team White vs Team Black (1:30pm – 2:30pm)  
Flood

Team Red vs Team Grey (3:00pm – 4:00pm)  
Flood

**Team Blue vs Team Green** (4:30pm – 5:30pm)



Players need to allow time to check in when arriving on Friday. All players will register in the Main Lobby of Horizon Credit Union Centre.

## Friday Arrival Times for each Team

**Red & White – 12:30pm / Blue & Green – 2:15pm / Grey & Black – 4:00pm**

**All players need to be ready in workout clothing and appropriate footwear when they enter HCUC at their assigned Arrival Time**

- Players need to bring their own water bottles.
- The HCUC concession will be open for snacks and meals.
- Skate Sharpening is available, but it is a good idea you arrive ready.

The weekend will also feature the team “**Garage Sale**”. There is opportunity for players to get great deals on new and used items at great prices.

Please remember we are looking for skilled players who can skate, play physical and compete hard.

**Player meetings will be conducted throughout weekend. Players will be called between sessions to meet with staff.**